

Body Reviver – remedial & sports massage COVID 19 safety plan



To keep the place safe for everyone following measures will be taking place:

- QR code check in upon entry.
- Basic screening. Non-admittance to those with flu-like symptoms, Covid 19 close contacts or those waiting for Covid 19 test result.
- Face masks mandatory for staff and clients at all indoor spaces and during the treatment.
- Modelling best hygiene practice and reminding others to do the same.
- Staff completed the COVID 19 Infection Control Training Certificate provided by NSW Department of Health.
- Hand sanitiser available and mandatory prior to entry.
- Reception seating area – chairs 1.5m apart to maintain social distancing.
- Massage room (10m²) – maximum 2 ppl (client + therapist).
- Hand sanitiser available at reception area and massage room.
- Antibacterial hand wash & paper towels provided at washroom.
- Disposable gloves available for massage therapist to wear during the treatment.
- All linen / towels machine washed immediately after use.
- Disposable Purifas Face shields for massage table.
- Reducing number of appointments per day.
- Spacing massage appointments, allowing time for massage room to be sanitised between appointments and reducing an unnecessary client & client contact at reception area.
- Stationery, clipboards etc. sanitised after each client
- Sanitising furniture, table, chairs and all areas that can be touched by an entrant (sanitising multiple times each day)
- Sanitising all areas potentially touched by staff including HICAPS machine, keyboards, reception desk, and door handles etc.
- Contactless payments available.

Iveta Valentova
Remedial & sports massage therapist
at Body Reviver

